MONROE INSTITUTE

Fast-Tracking the Monroe Institute

by Leslie France, Projects Manager, Monroe Institute

When COVID-19 hit, it was lights-out for Monroe's residential programs.
Like millions of other organizations around the world, all Monroe on-site events and activities were locked down. For how long? Who knew?! ... We had to move fast ... **Read More**

Both Sides Now—Monroe Trainers Share an OBE

by Monroe Institute

Knowing that "if I'm outside the physical, I can go anywhere," I focused on my home in Southern California. I was instantly transported home and looked around. Nothing appeared remarkable, so I headed to the local hospital to visit a friend and his wife who were undergoing tests for cancer. Though I connected deeply with each of them, I didn't seem to receive any recognition on the physical level. **Read More**

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Monroe Audio Support technology and Biofield Imaging.

Gifts of Intuition, Inner Guidance and the Monroe Institute

by Monroe Institute

One Monday each month we're delighted to share with you a Monroe Mission Moment—It is our great pleasure to share Alyssa Citarella's mission moment.

We all have gifts. Special, unique talents we are meant to express in this life. For years I resisted my gifts, until one day back in 2010 when I was three months pregnant with my second daughter. **Read More.**

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Learn to influence matter with your mind and focused energy.
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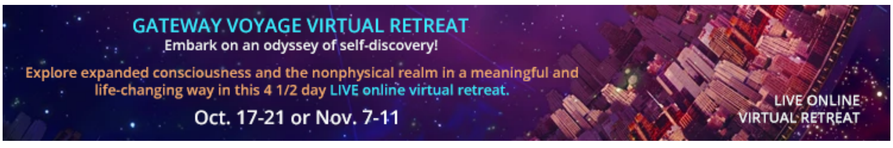
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